



SUPPORT FOR STUDENTS

SELF-SUPPORT GROUPS

- **Creating the concept of self-support groups**
- **Preparation of facilitators and ongoing supervision**
- **Implementation of 7 self-support groups**
- **Benefited 11 students**
- **Involvement of 2 experts by experience, 2 PhD students**
- **Modification of the student support format**
- **Evaluation by photovoice**

As the self-help group format did not take off well, the student support was adapted to workshop format, based on findings from the focus group on vulnerability in the university setting. The workshop format was developed together with practitioners and experts by experience on the topic of professional boundaries in client-practitioner relationship. This format of support was very well received by the students, confirming that it was functional and beneficial for them.

The self-support group was created as an open and safe space for students seeking mutual support, sharing experiences and the opportunity to make new friends. Through careful preparation, collected student needs and regular supervision, a well thought out format has been developed, ready to be used as soon as interest in this way of meeting is expressed. Although the group has not been fully utilized, a workable format for self-support meetings is ready thanks to this work and can be used at any time according to the needs of the students.

WORKSHOP

- **Creation of workshop for students with 3 practitioners and 2 experts by experience**
- **Benefited 45 students**
- **Evaluation by photovoice**
- **Sustainability through the Course "Skills Training" for Bachelor degree students of Social Work**



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